

### **Be Disciples, Make Disciples**

Welcome to Flint First! We're glad you've come today. May God minister to your heart through the worship and the fellowship.

After the service this morning, there will be fellowship and coffee in the church lobby.

If you have a question about something that happened in service, about the sermon, or about Flint First... Or you would just like prayer... Come and see Pastor Chad or Pastor Amy after the service near the platform.

## Today at Flint First

9:30 AM Small Groups 10:45 AM Worship 12:30 PM MACS Small Group Nursery provided during service. Children dismissed during service.

# Looking Ahead

Youth Fundraiser - Pie Punishmen	ıt
Today -	- May 28
Flint Right to Life Baby Bottle Fundraiser	
Today -	- June 18
Church Work Day	May 20
Senior Sunday	May 21
Great Lakes Region Conference	June 10
Local Church Conference	June 11



### This Week at Flint First

#### Wednesday 9:00

TT Canebaar	
9:00 AM	Food Bank Volunteers
12:00 PM	Staff Meeting
6:00 PM	Community Dinner
6:30 PM	Small Groups

Thursday 9:00 AM Food Bank Volunteers

#### Saturday

8:00 AM - 1:00 PMChurch Work Day

### Birthdays

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Elaine Bell	May 20
Rose Howd	May 21
Pastor Chad Amoss	May 21
Mary Ann Green	May 24
Mario Villarreal Jr	May 29

### Pray for Our Church Leaders Staff:

Director of Assimilation -Jason Jones Director of Communications -Hannah Krupp Director of Congregational Care -

Director of Discipleship -Pastor Frank Beck Director of Family Ministry -Heather Jones Director of Guest Services -Paula Wood Director of Pastoral Care Team -Pastor Dennis Rouse Director of Prayer Team -Ida Mae Hodgson Director of Technology -Mario Villarreal Director of Youth Ministry -Brianna Villarreal Mission Pastor -Pastor Amy Amoss **Operations Pastor** -Pastor Chad Amoss Worship Leader -Cora Amoss

# Happy Mother's Day

Happy Mother's Day to all the moms and motherly figures in all of our lives! Flint First wants to show our appreciation with a little gift, if you are a mother make sure to pick yours up on the way out of service today!



# Youth Fundraiser - Pie Punishment

Starting next Sunday, May 14<sup>th</sup>, the youth will be having a fundraiser to help raise money towards their upcoming Unity Fest trip. There will be jars with various faces of Flint First people. All you have to do is put money in the jar with the corresponding face you want to see get pied! If you have any questions, please reach out to Brianna Villarreal. our Youth Director.

# Tithes and Offering

Thank you for joining us today. We invite you to join us in supporting the work of the Kingdom here at Flint First. We accept our Tithes and Offerings in the collection box at the Welcome Center. If you want to give with a debit/credit card, you can use the OR code on the pews or on the back of the bulletin to get to the Giving Page of our website. Thanks in advance for helping us do God's work through your generous giving!

# Flint Area Right to Life Baby Rottle Fundraiser

Don't forget to pick up your baby bottle today on your way out and put your loose coins, cash, or a check in it made payable to: "Flint Right to Life." Please return it on Father's Day, June 18th. Because many families use debit & credit cards, you can, also, donate on their secure website at www.FlintRTL.com but please be sure to include the name of your church in the "comment" box. Your gift will save unborn babies.

### Sermon Notes The Choice Matthew 6

### Four steps to casting your burdens on God:

Step 1: Say it and say it out loud. (Psalm 70:1-2; Psalm 69:1-3; Psalm 18: 1-3).

Step 2: Soak in Scripture. (Psalm 119:105, Romans 15:4, Proverbs 4: 20-23).

Step 3: Sing, Sing (Psalm 95: 1-2; Matthew 4:10; John 4:24; Ephesians 5:19-20; Psalm 119-:172)

Step 4: Surround yourself with Warriors. (Hebrews 11:24-25, NIV). (Proverbs 11:14; Proverbs 19:20-21; Proverbs 27:17).

For the full blog article, read here: https://www.simplyscripture.org/news/how-to-cast-your-burdenson-god

- 1. Is your heart seeking \_\_\_\_\_ approval or \_\_\_\_? (Galatians 1:10)

What can you do this week to take a step forward in letting go of the hurt and letting God heal you from within?



## **Flint First Wesleyan Church**

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Flint First Wesleyan Church Pastors Chad & Amy Amoss May 14, 2023